



Aging & In-Home Services
FAMILY CAREGIVER CENTER
OF NORTHEAST INDIANA

www.agingihs.org



CARE CONSULTATION

Support Service for Caregivers of People
with Chronic Health Conditions

*Expertise on what you need,
when you need it,
is just a phone call away ...*

... with a proven history of reducing a caregiver's:

• Stress • Burnout • Depression • Relationship Strain

Care Coaches will help you on an as-needed basis to:

- ✓ Manage care more effectively
- ✓ Find simple & practical solutions to caregiving challenges
- ✓ Find services & understand insurances
- ✓ Communicate effectively with family & healthcare professionals
- ✓ Prevent caregiving crises

There is no cost to
qualified participants.

For more information on
how to sign up for this
program, call

Aging & In-Home Services

260-469-3036 or
800-552-3662 Ext. 450

According to "Caregiving in the U.S. 2015," conducted by AARP Public Policy Institute, the most common conditions caregivers identify that causes their care recipient to need care are "old age," dementia including Alzheimer's, wounds/surgery, cancer, mobility, mental/emotional illness, heart disease, and diabetes. On average, a caregiver has been providing care for four years; intense caregivers have been providing care for five years and expect to continue for another five years.